Traits and SkillsPublished on Personal Safety Nets (https://personalsafetynets.net)

Traits and Skills

<u>Directions</u>: Check off traits or skills you have. If you have all of these, then name someone in each area who could pick up the slack if you were incapacitated or to whom you could delegate.

Get Started

• Who We Are Page 1 of 3

Name	Check ME	Check OTHER	Trait/ Attribute / Skill
			Self-Management (Attribute – Cannot be taught)
	3	0	Decisiveness – Able to make decisions on available
			information and take action, keep to commitments.
			Resourcefulness - Ability to resolve issues and find ways
			to work around ambiguous problems.
		9 8	Teamwork – Able to build high morale and group
			commitments when working with others.
			Reliability - Can be counted on to meet commitments,
			timelines, dates and times for meetings.
			Attention to detail - Ability to ensure that small details
	1		and specific tasks are completed with high accuracy.
			Initiative, drive – Being a self-starter, willing to start
			projects and get things done.
			Sense of humor - Ability to see the humor in challenging
			and difficult situations.
	1	3 3	Easy-going – Ability to tolerate ambiguity, overlook
			minor incidents and drawbacks.
			Empathy – See issues and concerns from the other
			person's point of view, establish rapport.
	3-7		
			Transferrable (Skill – Can be taught)
	187	i e	Goal Setting – Able to define specific goals and
		e	objectives, and prioritize
			Written Communication – Able to write effectively and
		1/2	gain information from written materials
			Negotiation – Ability to work with multiple parties and
		0	negotiate solutions.
			<u>Leading projects</u> – Influence the actions and opinions of
			others, exhibit judgment and lead others.
			Oral Communication – Clearly present information and
			influence others in positive or negative circumstances.
			Listening – Actively hearing and listening to someone
	25		else, repeating what was said for understanding.
			Counseling, guiding – Be supportive of other individuals,
			while simultaneously building credibility and rapport.
	Ċ.		Numbers, budgets – Strong understanding of financial
			matters, balancing checkbooks, managing numbers.
			Organization – Organize and schedule people and tasks,
			develop action plans leading to specific goals.

Download PDF for Printing [1]

 Get Started Who We Are Page 2 of 3

Traits and Skills



Published on Personal Safety Nets (https://personalsafetynets.net)

CONTACT US

Unless otherwise indicated, all content on this site is licensed under a Creative Commons 3.0 US License.

Source URL: https://personalsafetynets.net/content/traits-and-skills

Links

[1] https://personalsafetynets.net/sites/default/files/traits_and_skills.pdf

Get StartedWho We Are Page 3 of 3